





EMPOWERING OLDER ADULTS TO THRIVE MENTALLY

A program dedicated to addressing the mental health needs of older adults from the comfort of home.

Mercy Health - Willard Hospital 1100 Neal Zick Rd Willard, OH 44890 (419) 964-5215

COMPASSIONATE SUPPORT AT HOME

Get mental health support using your telephone or computer, without the need to meet in person. Our teletherapy services are private, efficient, flexible, and designed to meet the unique needs of older adults.



IMPROVED QUALITY OF LIFE

We help older adults experiencing the following:

- · change in energy level, sleep, and/or weight
- change in living conditions
- frequent feelings of sadness, guilt, worry, or worthlessness
- feeling overwhelmed or stressed due to being a caregiver
- new or chronic health diagnosis
- · recent loss of a loved one

DEDICATED STAFF

Our program staff includes:

- · board-certified psychiatrist
- licensed therapist
- registered nurse
- other trained professionals

We tailor treatment for each program participant.



GETTING STARTED

Our services include a confidential, comprehensive assessment, group, individual, and family therapy, medication management, and after-care planning.

Anyone can make a referral to our program including clinicians, family, and friends. Participants can also self-refer.

GOT QUESTIONS?

If you would like more information or want to discuss support for yourself, or a loved one, please call us at (419) 964-5215.

