

CHC COALITION NEWSLETTER

Official Newsletter of the Creating Healthy Communities Program at HCPH



WHAT'S NEW FOR HURON COUNTY CHC:

Coalition

Next meeting Dec. 15, 2021
from 9:30am - 11:30am

McGuan Park

Grand opening occurred on
10/31/21

Willard Bike Share Program

Meetings to be resumed in
January of 2022

Red Cap Park

None

Sharpnack FSG

Policy was signed and taste
test date is still TBD

Willard Community Garden

End of the year cleanup

Wakeman Garden

Signs being made

MCGUAN PARK GRAND OPENING

Exciting things are happening in Norwalk with the grand opening of the revitalized McGuan Park on 10/31/21. CHC was lucky enough to be a part of this project with the donation of a piece of playground equipment which is known as the "Accessible Whirl". Pictured below, the accessible whirl is an all-accommodating piece of equipment that can hold up to two wheelchairs at a time in addition to children without mobility issues. This equipment also includes a seat for caregivers or parents who want to add additional support for the child. McGuan Park is located on 137 North Hester Street in Norwalk if you'd like to go check it out!



GRANT OPPORTUNITIES

Nutrition

- The National Rural Grocery Summit: Explore how food insecurity has been measured and if new tools are needed to accurately assess food insecurity following the COVID-19 pandemic.

<https://bit.ly/3bfilP3>

Physical Activity

- Recreation Economy for Rural Communities Planning Assistance: The Recreation Economy for Rural Communities planning assistance program helps communities identify strategies to grow their outdoor recreation economy and revitalize their Main Streets.

<https://bit.ly/3vLNMQe>

General Community Grants:

- Community Change Grants: The Community Change Grant works with a number of different groups and organizations that focus on advancing walkability.

<https://bit.ly/3moj8lr>

- People, Parks, and Power (P3): Funding is available to support organizations working in urban, low-income communities of color across the U.S. to increase park equity through local policy and systems change.

<https://bit.ly/3uhzKoy>

HURON COUNTY UPCOMING EVENTS

Wednesday, November 17, 2021:

Team RWB Evening Runs

6:15 PM - 7:30 PM

Norwalk Reservoir

Norwalk, Ohio (map)

<https://www.huroncountyvets.com/events/team-rwb-evening-runs-2-cyiw3-y1r6e-cbzwd-dszdd-ypzzy-wks3k-888ye-97b4s-fdz86-z6hhj>

Saturday, November 20, 2021:

Jungle Junction Party

3:00 PM - 5:00 PM

Jungle-Junction Indoor Playground

110 Cherry Blvd, Bellevue, OH

<https://feedback.facebook.com/events/2734360903523666/>

TRAINING OPPORTUNITIES / NEW RESOURCES

Breastfeeding Resource

- CDC's 2020 mPINC nation and state reports

State Report: <https://bit.ly/3b6Xe7d>

National Report: <https://bit.ly/3EknJmh>

Early Childcare and Educational Settings

- Healthy Eating Research

Recommendations for Creating Health Eating Habits for Kids 2 to 8

<https://bit.ly/3GocZ8i>

NEXT MEETING & CONTACT INFO.

Next Coalition Meeting:

December 15, 2021.

9:30 AM - 11:30 AM

Contact Info.:

Grace Habeck

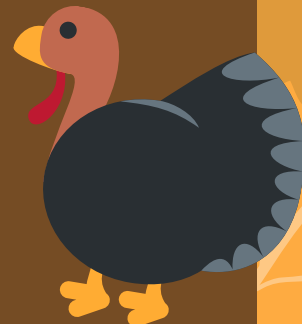
Program Coordinator/Planner

Huron County Public Health

ghabeck@huroncohealth.com

(567) 244-3270

*If you have anything that you would like displayed in the newsletter please email me info. at ghabeck@huroncohealth.com



If you'd like to learn more about possible future projects or what other CHC counties are doing, the 2020 CHC Success Stories are linked below. You can find Huron County on page 12.

<https://bit.ly/3bmTyy2>

COALITION MEMBER SPOTLIGHT: GROW PINE STREET

This month, CHC has the pleasure of shining a light on coalition members Cory Boomer and Cassandra Lee who run Grow Pine Street. Grow Pine Street is a tiny urban farm currently focusing on microgreens. They operate their business out of a small home in Norwalk and place an emphasis on maximizing their use of limited space. The basement within the home is an indoor grow space and their lawn has been converted into garden beds.

Right now the heart of their business is a home-delivered microgreen salad subscription. Each week they deliver salads to homes in reusable containers and the following week they swap those then empty containers for new freshly filled ones. This system allows them to eliminate food waste and unnecessary packaging. They are committed to smart, efficient, sustainable business practices.

Grow Pine Street allows their subscribers to add on other seasonal vegetables and products that they carry throughout the year. They aim to make it as easy as possible to connect people with local, healthy food.



PERSONAL AND CONTACT INFORMATION:

Kassandra is a professional ballerina and instructor. She has trained in this specific style of dance her entire life and currently dances for North Pointe Ballet. She teaches dance at the Cynthia Kniffin Dance Academy in Norwalk. While her main focus is dance, Grow Pine Street has given her an opportunity to learn and explore a new realm.

Cory is a Norwalkian. After working numerous jobs that require hard manual labor, Grow Pine Street has been an outlet for him to combine his skills along with his compassion regarding his community. Over the past few years, Cory has competed in multiple ultra-marathons, including his first 100-mile finish. The training for these races is intense and this business allows for the dedication needed to compete.

Both Kassandra and Cory are such wonderful people who really care about the health of Norwalk and its access to healthy food options. If you would like to contact them for any reason, their info. is listed below :)

Facebook: <https://www.facebook.com/growpinestreet/>

Instagram: @growpinestreet

Website: <https://www.growpinestreet.com>

Email: growpinestreet@gmail.com

Call or Text: 419-554-5779