



Hand, Foot, and Mouth Disease

About

Hand, foot, and mouth disease is a contagious viral illness. It commonly affects infants and young children. There is no vaccine to prevent the disease.

Symptoms

- Fever
- Reduced appetite
- Sore throat
- Small blisters in the mouth and on hands and feet.
- Not everyone will get all of these symptoms. Other people may show no symptoms at all, but they can still pass the virus to others.



Prevention

- Wash your hands often with soap and water for 20 seconds.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact (kissing, hugging, sharing cups and eating utensils) with people who are infected.
- Disinfect frequently touched surfaces (toys, doorknobs, etc.), especially if someone is sick.

