



Kayla Johnson
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FACILITATOR
Kayla Johnson, Program Coordinator/Planner, Huron County Public Health (HCPH)
PARTICIPANTS
<ol style="list-style-type: none"> 1. Kim Williams, City of Willard 2. Devin Pollick, PROSPER Coalition 3. Kayla Johnson, Huron County Public Health 4. Nicole Marks, Huron County Public Health 5. Stacey Church, Huron County Public Health 6. Carla Rospert, Huron County Board of Developmental Disabilities 7. Rebecca Riley, Huron County Board of Developmental Disabilities 8. Sarah Church, City of Norwalk 9. Christina Raftery, Village of Monroeville 10. Dr. Kristin Kaple-Jones, Monroeville Superintendent 11. Bradley Kraft, Norwalk City Schools Food Service Director 12. David Ditz, Norwalk Chief Deputy
AGENDA
<ul style="list-style-type: none"> • Roll Call • 2023 Progress Updates • 2024 Selected Projects • Active Transportation Plan updates/tracking • Peer Visit re-cap to LCPH • 2023 Huron County Fair- CHC Community Feedback • Train-the-Trainer re-cap • Guest Speaker: Devin Pollick (Healthy Eating and Nutrition Labels) • Group Discussion/Questions
MEETING MINUTES
<p>The Huron County Creating Healthy Communities Committee met on Wednesday, September 20, 2023, in-person for the 2023 Quarter 3 Meeting. Kayla Johnson began the meeting at 9:32 AM. Kayla welcomed the committee members, started with roll call, twelve (12) total members were in attendance and reviewed the meeting agenda. The end of the third quarter is nearing,</p>





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and the quarter three report is due on October 10, 2023. There is no September newsletter as there was a coalition meeting.

CHC REVIEW:

Kayla reviewed the CHC grant mission, vision, and commitment to equity to inform new members of CHC's current principals. She provided a general overview of the CHC Grant updates as per PPT slide. Kayla provided project updates for the 2023 and sustained projects per PPT slides.

Partners provided the following project updates/comments:

- Update: Fencing at Stokely park was installed last week (Norwalk Rec)
- Update: Willard slide will be delivered tomorrow, 9/21 (Willard Rec)
- Question (Devin Pollick) – What was in the garden this year? Tomatillos, volunteer tomatoes, cucumbers, beans, peppers.
- Update (Kim Williams): One e-bike from the bike share was stolen. Bikes were equipped with android tag; bike was eventually located. Battery was missing but other than that, the bike is still in good shape so they should be able to get it back online.
- Discussion re: Willard bike share – What is available, rental information, etc.
- Question (Devin Pollick) – Can Kayla share the healthier eating guidelines with the group? These are through ODH and Kayla can share.
- Discussion re: Community Gardens
 - Idea (Devin Pollick) – put information out in the garden – recipes specific to what is available in the garden and/or websites to direct people where to go for recipes using the items that are available in the garden.
 - Idea (Stacey Church) – add sticker/information in the blessing boxes advertising the garden's address and availability of free produce to the public.
 - Idea – add heartier items to the garden to provide a barrier and allow produce to flourish longer.
 - Idea – adding herbs to the garden.



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- Willard garden – dealing with pests, deer, etc. Open to suggestions for the future such as raised garden beds, fencing.

2024 SELECTED PROJECTS:

Norwalk Memorial Reservoir Park – Norwalk

Discussion re: walking path size. It will be approximately 5ft wide. Should allow for space with someone using wheelchair, etc.

- CHC was asked to sponsor the cost for asphalt for walking path
- Current asphalt path is no longer safe and remains a hazard
- Cost of the sponsorship will be \$14,000

Greenwich Reservoir Park 2 (NEW PARK) – All-Huron County

• CHC was asked to sponsor a portion of the cost for a new park to be installed on North Side of Park

- Small playground structure
 - Surface material
 - Protective Net
 - Hydration Station
- Will provide safe play area for children on the North Side of Park
 - Cost of the sponsorship will be \$14,000

City Of Willard Park – Willard

- CHC was asked to sponsor the cost for one (1) all-inclusive playground equipment piece
- This would help reach the goal of completing the Kiddie Land renovation project
- Cost of the sponsorship would be \$5,000

ACTIVE TRANSPORTATION PLAN TRACKER

In addition, members were asked to assist in providing updates on any Active Transportation Plan projects and status. Kayla will be working to create an Active Transportation Plan Tracker spreadsheet to track all proposed project goals, timelines, projects in progress, and completed projects. The first tab will include short-term, intermediate, and long-term goals. The second tab





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will include performance measures. Partners were asked to email Kayla with any updates. Kayla plans to provide members an update on tracker by the next Q4 meeting.

- Update (Kim Williams): City of Willard still trying to get sidewalks along 224 – dealing with ODOT, anticipate will be several years projects.
- Discussion re: How do bike trails fit into this plan? Why aren't the cities/villages prioritizing safety in their own areas? The point of the tracker is to track what is listed in the plan, not necessarily to add more projects currently. But the plan is not necessarily exhaustive. Just because something is not listed in the plan doesn't mean it is not important.

CHC 2023 RECAPS

CHC Peer Visit to Lorain County Recap: Kayla reviewed PPT slides. Each CHC Coordinator was required to choose (1) CHC county to visit and network with Coordinator. Kayla chose to visit Lorain County. Attendees included Lorain County CHC Coordinator, Catherine Mavirch and Lucas County CHC Coordinator, Amy Abodeely. While visiting Lorain County, Catherine provided Kayla and Amy with a tour of the Lorain County Health Department and shuttled them to all the current 2023 project locations including the Lorain County Library Public Garden and the Lorain County Culinary Institute located within the library.

- Discussion re: culinary literacy institute – Could we network with Norwalk library? At some point they are going to be expanding to another building. Could we do something like this to get people to attend? Could you tap into EHOVE or somewhere doing culinary things where they could do a demo with the kids? EHOVE has a new culinary lab with ~22 tables. EHOVE has something like this, but they are trying to get away from the demos.
- Discussion re (Brad Kraft): Huron County needs something like this. Kids don't know what to eat, what fruits and veggies are, etc. When kids get their hands involved, they are more apt to eat it. Love the idea and concept.
- Discussion re (Stacey Church) Norwalk Public Library: The Norwalk Library has the protentional expand very soon- Possibly a new building – which is currently being evaluated by architect in next few months.
 - Stacey has visited and toured the Lorain County Culinary Institute. She noted that Avon has a mini version of the Lorain culinary institute that would be something more that Norwalk would be able to do. The Norwalk Library currently has a mobile kitchen that they do kids cooking, programs are filled



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every month. Expensive piece is providing kids foods. Family Health Services has done adult programs and they have had events with chefs, etc. If things move forward as predicted this would likely be a 4–5-year project. Stacey is open to anyone who wants to partner on this project.

Huron County Fair Recap – Kayla reviewed PPT slides. CHC community engagement and feedback was collected this year at the 2023 Huron County fair including the following:

- 2024 Greenwich Park Renovations feedback board:
 - A feedback board was used for FY24 community engagement piece for the “NEW” Greenwich Park located in Greenwich between ball fields one and two. Community members were able to vote on (1) equipment piece out of each category by placing a colored dot on their favorite item. This was a huge success! Development for the park has started. Funding partners for this project include: HPCPC, G.I.G. (Greenwich Improvement Group), and CHC (Creating Healthy Communities). Kayla created a binder for the G.I.G. group to share with GIG members and community the results of the engagement piece and to spread the word about the new park. G.I.G. members stated that they plan to use this book as an informational piece at future fundraising events. Kayla passed a copy of the book around to share with coalition members. G.I.G. is actively seeking new members and volunteers.
- Active Living and Healthy Eating County wide feedback board:
 - Community members who visited our booth at the fair were asked to share their thoughts, ideas, and comments on how and where we can improve active living and healthy eating in Huron County. Data and graphs were shared and included the results of all the respondent’s ideas.
- Adult/Youth community feedback surveys:
 - Survey questions were selected by HCPH’s CPD (community programs division) staff based on current programming, existing data, and identified gaps in the community. Results from all youth and adult 2023 Huron County fair surveys were compiled and summarized into a report. A total of 314 responses were received for the adult fair survey and a total of 181 responses were received for the youth survey.
- How to “Nudge your way to healthy eating”:



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- Visual board with information about healthy eating geared toward youth/families. Leftover goodie bags from 4th grade conservation day were handed out as well.
- CHC Heart walk:
 - 19 community members participated. Those that participated either had the choice of a free t-shirt or entry single entry for one of our grand prizes.
- Seed Donations:
 - Seeds were donated to us by Cuyahoga County Board of Health. They receive large amounts of left over seeds from MARC's. The seed stand was donated by Norwalk TSC, and I updated the stand with HCPC LOGO's. Seeds were available at the beginning of July and have been stored in temperature-controlled facility for future use. Community members could select from a variety of **vegetables, herbs, and/or flower seed packets for free!** Plastic bags w/ seed storage tips were also handed out. Remaining seeds were donated to local schools in Huron County including:
 - **Norwalk-** Pleasant Elementary, Maple Hurst Elementary, League Elementary, and the Norwalk Food Service Director, Brad Kraft
 - **Greenwich-** South Central High School
 - **Willard City Schools**
 - **Monroeville Elementary**

Train-the-Trainer Recap – Kayla reviewed PPT slides including recap video provided by Train-the-Trainer partner. Huron County Health Department CHC Coordinator, Kayla Johnson and HCPC Coalition member, and teacher for Celeryville Christian Schools, Janet Cok represented Huron County in the Ohio Department of Health's (ODH) bicycle ride leader training, "Train the Trainer", event held September 11-13 in Delaware, Ohio. The 30-hour "wheels-on-the-ground" training (masterfully facilitated by a team of four from Toole Design led by Catherine Girves) bonded a diverse group ranging from Creating Healthy Communities Program (CHC) coordinators to experienced road biking enthusiasts. Teams participated in skill development exercises for leading/planning educational and recreational rides. The cost of training was covered by ODH. Key take away points:



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- Help educate people to choose to use a bicycle for transportation to travel to a common destination, (work, school, grocery store, worship, etc.) and feel comfortable doing so.
- Increase personal competence riding in new situations.
- Develop new skills for planning and leading educational and recreational rides including the **(6) rides per commitment agreement in a twelve-month time frame.**

Kayla provided members with a list of potential rides ideas including:

- Community Engagement Ride- Max. group of (5)
- E-bike ride in Willard using the Book-a-Bike bikes
- Coalition members ride to Norwalk Reservoir 2024 to new pathed walking path
- Safe routes to school/ Police force/ Ride- to-school day
- HCPH staff team building ride
- Recreational ride with her kids 😊

DISCUSSION:

- Competitive grant application will be due in early spring 2024
- Grant cycle will be FY25-FY29
- Starting October 1, 2024-September 30, 2029
- FY25 budget period is October 1, 2024-September 30, 2025

QUESTIONS/COMMENTS:

- How will we determine our priority areas for the upcoming competitive cycle?
Current priority communities:
 - Norwalk
 - Willard
 - All-Huron County
- Would you attend a healthy cooking demo in the Norwalk Nourishing Community Garden?
 - Would you like to participate or be a guest?
- Does anyone have interest in a coalition bike ride?
 - Ride the new paved shared path
 - Future ride at reservoir
- Would you attend a field trip to the Lorain County Culinary Literacy Center?



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All members expressed a future interest in a cooking demo, bike ride, and field trip

No additional comment or questions, meeting adjourned approximately at 11:32 AM.

ACTION ITEMS/UPCOMING EVENTS:

Grocery Store Tour: October 24 at IGA in Norwalk hosted by Megan Turner, Fisher-Titus Dietitian. You are permitted to bring a guest, but no children. Teenagers are welcome. This is offered at no cost. To register contact the hospital 419-668-8101 ext. 6435.

Q4 Meeting: Wednesday, December 13, 2023, 9:30 – 11:30 AM

